Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Wednesday, October 2, 2024

Yin and Yang lines

The Yang energy makes one feel warm and like to do things. Too much Yang energy can lead to feelings of anger, frustration, and difficulty relaxing.

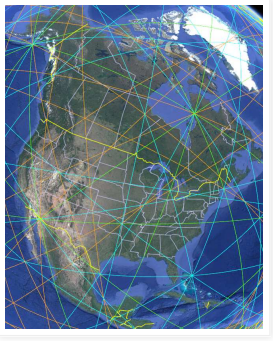
The Yin energy makes one feel cold and makes one feel like he or she would like to rest. On the other hand, an excess of Yin could result in lethargy, coldness, passivity, or a feeling of being stuck.

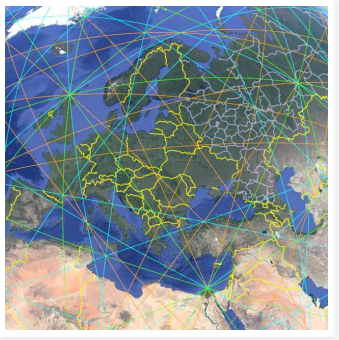
On the Planetary Grid Map:

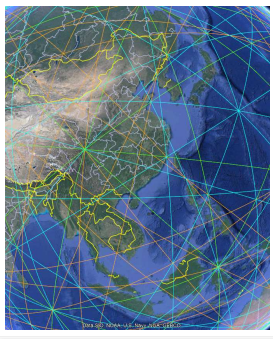
Orange is Yang.

Light Blue is Yin.

Green in Balance.







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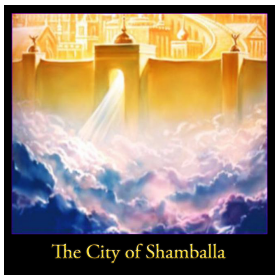

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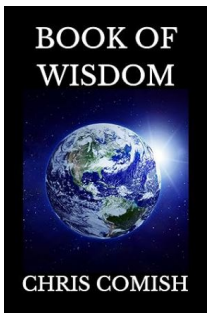

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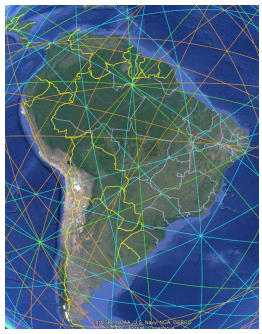

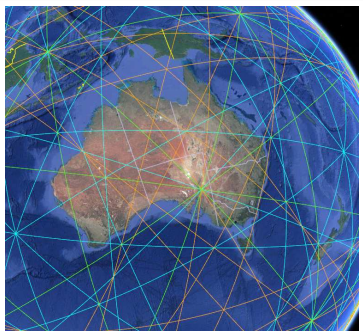

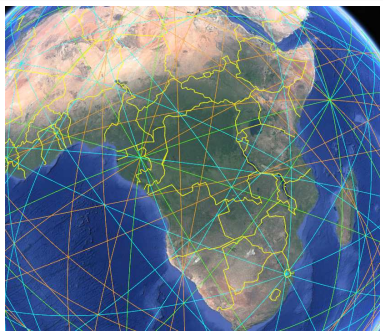

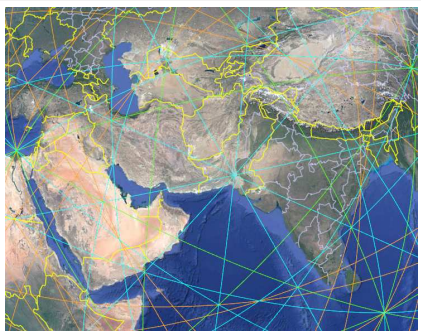

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- October 02, 2024

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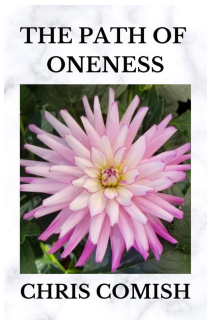

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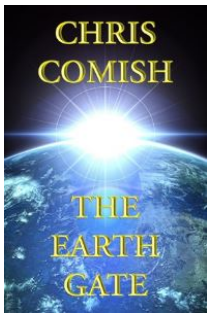

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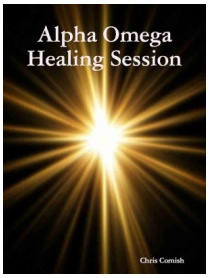

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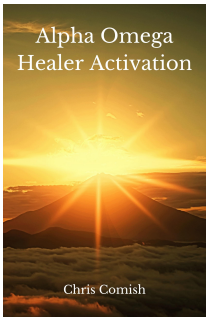

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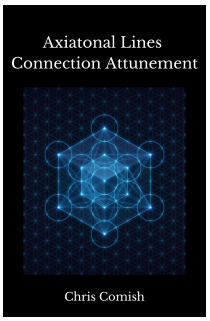

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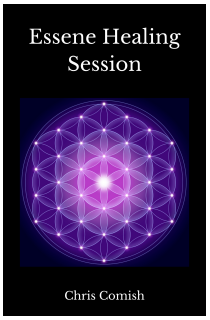

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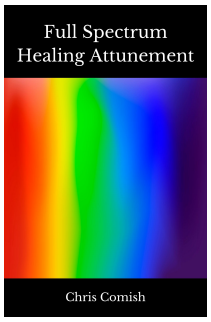

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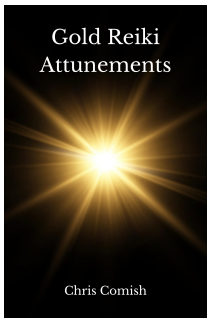

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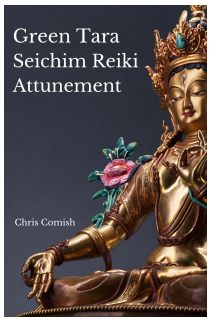

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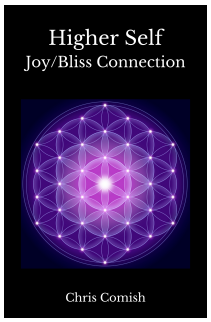

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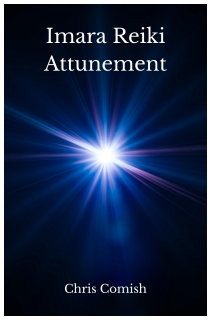

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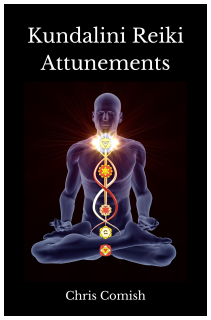

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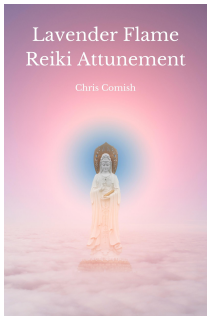

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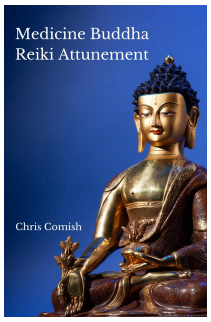

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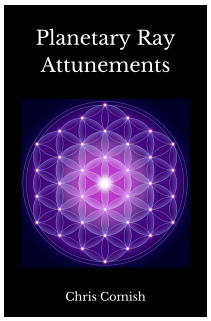

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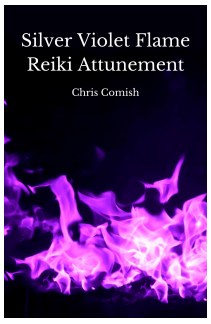

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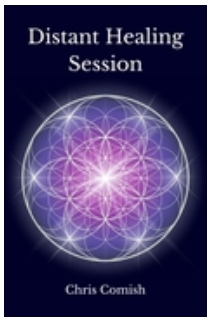

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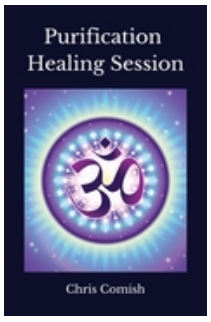

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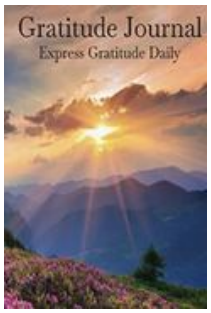

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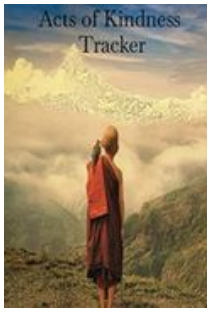

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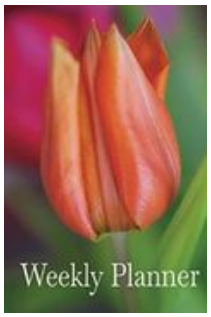

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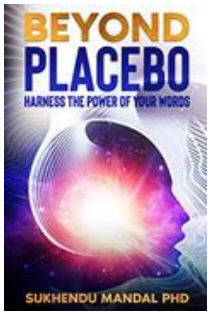

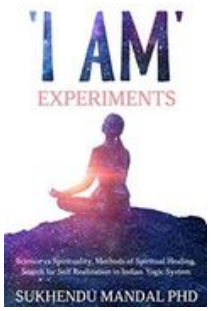

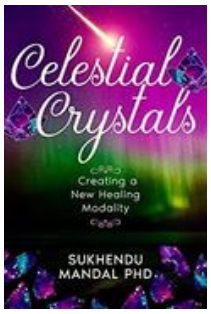

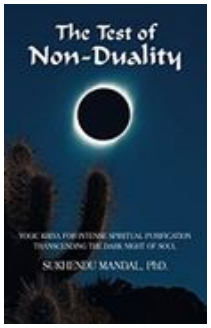

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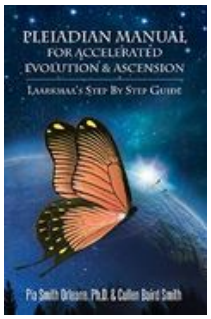

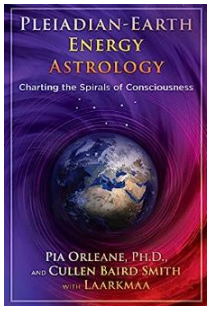
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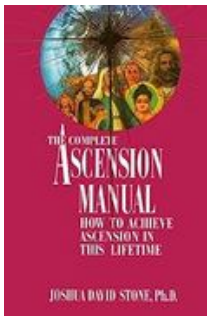
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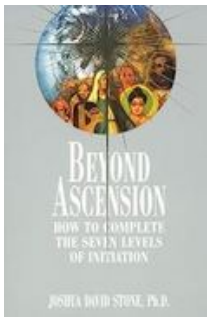
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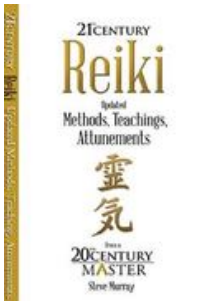
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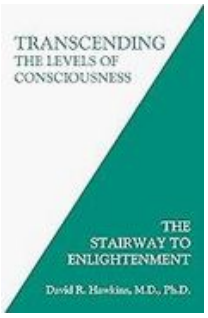
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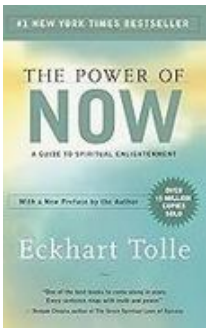
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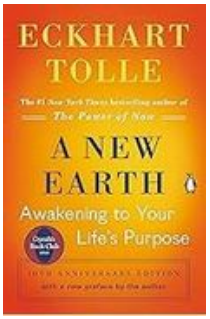
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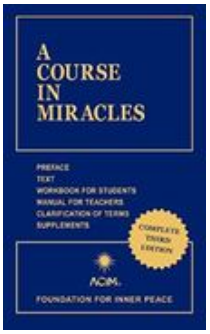
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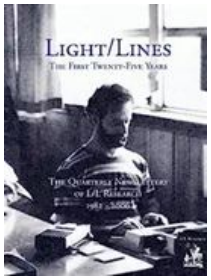
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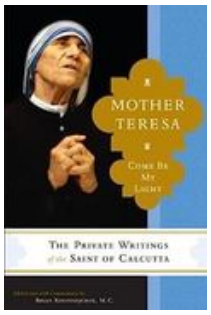
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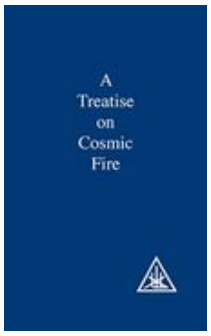
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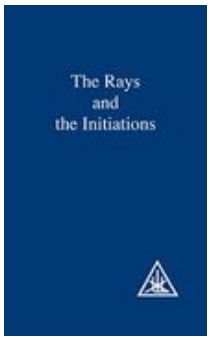
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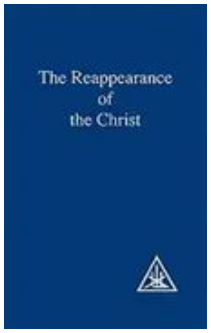
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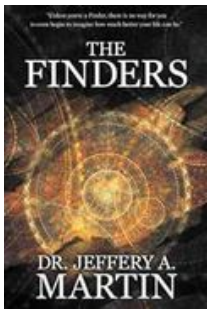
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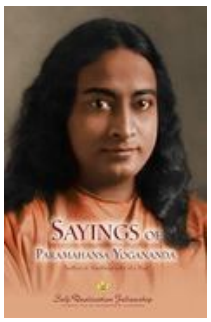
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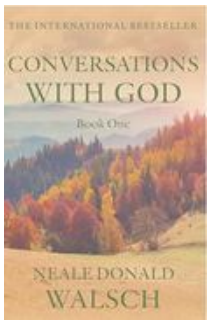
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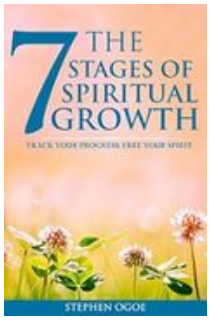
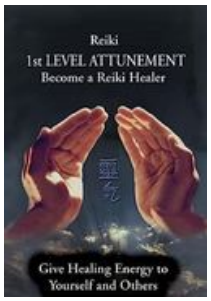
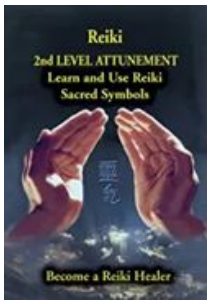
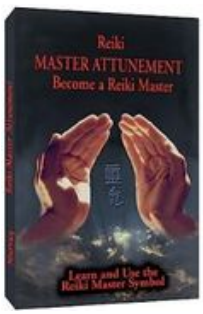
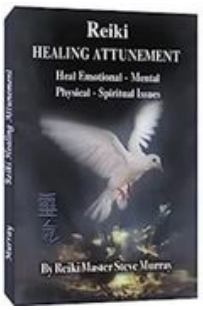


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Kundalini activation

Yin and Yang lines

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